

## Frozen Food

Admiral's pie	Ice cream - pistachio	Pizza - meat feast
Beef dinner	Ice cream - strawberry	Pizza - mozzarella
Chips	Ice cream - toffee	Puff Pastry sheet
Fish fingers	Ice cream - vanilla	Quorn sausages
Fish steak in parsley sauce	Lamb dinner	Shortcrust pastry block
Hash browns	Lemon sorbet	Shortcrust pastry block - GF
Ice cream - cappuccino coffee	Mixed vegetables	Sweetcorn
Ice cream - chocolate	Mushroom & spinach kiev	Vegetarian burgers
Ice cream - honey & ginger	Nut burgers	Vegetarian cheese & leek plaits
Ice cream - honeycomb	Onion rings	Vegetarian country pies
Ice cream - mint choc chip	Peas	Vegetarian sausages
Ice cream - morello cherry		

## Fresh Fruit and Vegetables

Apples	Grapefruit	Pineapple
Aubergine	Grapes	Potatoes (baking)
Avocado	Kiwi	Potatoes (new)
Bananas	Lane Cottage Leaves	Potatoes (old)
Beans	Leeks	Radish
Blueberries	Lemons	Raspberries
Broccoli (calabrese)	Lettuce	Romanesque
Broccoli (purple sprouting)	Lettuce (iceberg)	Satsuma
Broccoli (tenderstem)	Lettuce (little gem)	Spinach
Butternut Squash	Mange Tout	Spring Cabbage
Cabbage (hispie)	Mangoes	Spring Onions
Cabbage (white)	Melon	Sprouts
Carrots	Mushrooms	Strawberries
Cauliflower	Onions (red)	Sugar Snap Peas
Celeriac	Onions (white)	Swede
Celery	Oranges	Sweet Potato
Courgettes	Parsnips	Tomatoes (large)
Cucumber	Pears	Tomatoes (small vine)
Garlic	Peppers	Turnip
Ginger		